

Chemo Kerchief

Materials Needed:

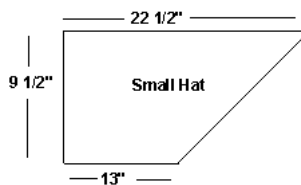
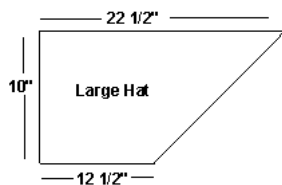
Fabric – 1 yard will provide at least 2-3 hats, depending on shrinkage

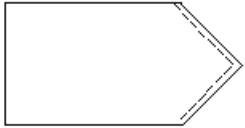
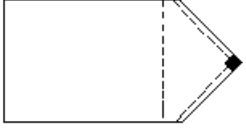

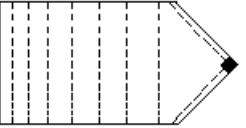
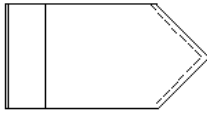
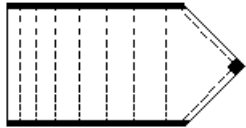

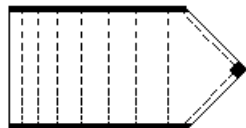
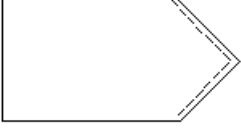
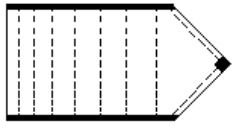
Quilting Fleece – 4" x 19 1/2" (large hat) or 4" x 18 1/2" (small hat)

Elastic (1/2" wide) – 7 1/2" (large hat) or 7 1/4" (small hat)

This includes excess for securing (make sure that the elastic is soft, not hard or coarse – swimwear elastic is good for this project).

Wash fabric in hot water, dry on hot to shrink. **DO NOT** wash fleece.



 <p>Step 1: Sew 1/4" Around</p>	 <p>Step 6: Turn under at raw edge and sew to secure fleece.</p>
 <p>Step 2: Turn up corner 3/4" and sew, making a channel for the elastic (needs to be large enough for a safety pin to go through.)</p>	 <p>Step 7: Sew at 1" increments to create quilted effect over fleece. (Sew each row in opposite directions to avoid puckering.)</p>
 <p>Step 3: Center fleece at cut edge, leaving 1/4" to turn under.</p>	 <p>Step 8: Fold edge 1/4", then 1/2" to 3/4" to make casing for elastic. Sew. Repeat on other side.</p>
 <p>Step 4: Fold over to cover fleece.</p>	 <p>Step 9: Attach a safety pin to one end of the elastic. Push/pull the elastic through the casing on one side of the hat. Secure between the first and second row of stitches.</p>
 <p>Step 5: Sew at fold 1/4" to secure fleece.</p>	 <p>Step 10: Pull the elastic through the channel at the tail of the hat and continue to push/pull the elastic through the casing on the other side of the hat. Hold the pin securely while you sew between the first and second elastic. Pull the pin out and remove.</p>