



QUILTING

Come join one of these fun classes and explore quilting techniques while creating quilts, home décor items and wearable art. This is a great class for beginners and experienced quilt makers. Classes meet weekly

MONDAY mornings: Foothills Adult Center,
1550 Melody Lane, El Cajon, CA
Time: 8:50-12:00 AM
Dates: Aug. 20 – Dec. 12
Instructor: Carol Ireland

FRIDAYS mornings: La Mesa Adult Enrichment Center
8450 La Mesa Blvd, La Mesa, CA
Time: 8:25-11:35 AM
Dates: Aug. 24 – Dec. 14
Instructor: Carol Ireland

Needle Arts Free Motion Embroidery

Learn the art of free-motion embroidery. All you need is a machine that will straight stitch and zigzag. There many other techniques also on the agenda. Come and have fun, make new friends and expand you creative skills. (Some sewing experience needed.)

FRIDAY morning: Foothills Adult Center
1550 Melody Lane, El Cajon, CA
Time: 8:50-12:00 AM
Dates: Aug. 24 – Nov. 16
Instructor: Kathie Ferraro

SEWING WORKSHOP

This great class lets your imagination fly. The project oriented class introduces to new techniques and methods to expand your sewing experience. Emphasis is on wearable art. Great group and LOTS OF FUN!

FRIDAY afternoons: Foothills Adult Center,
1550 Melody Lane, El Cajon, CA
Time: 12:25 – 3:35
Dates: Aug. 24 – Nov. 16
Instructor: Carol Ireland

For more information call Carol (619) 722-1684 or Kathie (619) 447-0208